# **KAHUNA** brace Instructions for Use

## PRODUCT DESCRIPTION

The Kahuna Brace is universal and can be applied to the right or the left side of the patient. When properly applied, the Kahuna Brace can achieve various abduction angles from 30 to 90 degrees.

#### INDICATIONS

For non-surgical or postoperative support and immobilization of the injured shoulder when varying degrees of internal rotation, external rotation and abduction are required.

## GENERAL SAFETY INSTRUCTIONS / WARNINGS AND PRECAUTIONS

 $\label{eq:Warning: Skin irritation may occur while using this device. If you experience an unusual skin reaction while using this product, consult with your healthcare provider immediately.$ 

**CAUTION:** The Kahuna brace is supportive only and does not guarantee or intend to prevent injury. **CAUTION:** ManaMed accepts no responsibility for any injury which might occur while using ManaMed products.

**CAUTION:** Activity modification and proper rehabilitation are an essential part of a safe treatment program. If any additional pain or other symptoms occur while using this device, discontinue use and seek medical attention.

**CAUTION:** For single patient use only also should not be used beyond 180 days.

**CAUTION:** If you do not agree to the above conditions, contact your health care provider before using this product.

# REQUIRED COMPONENTS

Sling with hook and loop, waist band, shoulder strap L Bar (Airplane Bar Attachment) Metal Abduction Toggle Bar Screws and Bolts

#### CLEANING AND CARE

The Kahuna brace may be cleaned by hand using a mild soap and warm water. Hang to dry. Do not place in washing machine or dryer.



## FITTING INSTRUCTIONS

I. Open Hook & Loop strap #1 and #2, also open buckle on the arm sling buckle #3. Place arm in the brace and secure both Hook & Loop strap #1 & #2 comfortably around arm. To fit your arm into the sling you can fold the sling along the pre-folded point under the arm sling buckle #3.

2. Place shoulder belt **#4** around the opposite shoulder and adjust the sling **#5** to fit comfortably around the shoulder.





3. Wrap the waist band **#7** around the body placing the abduction toggle bar **#9** on the side with the injured arm. Secure the waist band so the toggle arm is parallel to the forearm.



4. Position the abduction toggle bar **#9** on the injured side of the body and position the moldable arm bar **#10** should be pointed forward. Adjust the abduction toggle bar **#9** and the moldable arm bar **#10** to desired position. Secure the toggle bar to the cuff with the hook and loop.

5. To adjust the Kahuna brace into Airplane position, attach the L Bar (airplane bar), remove the foam padding at the back of the moldable arm band **#10** and there are 2 holes to insert the L Bar. Insert 2 screws (provided with Allen wrench)





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