

NICE1 COLD + COMPRESSION THERAPY DEVICE

ARTICULATING KNEE WRAP INSTRUCTIONS



Orient the knee wrap with blue side facing the body as shown



02 SECURE

Wrap the knee wrap centered around the knee, secured by the Velcro straps

VIDEO INSTRUCTIONS

Please Visit

nicerecovery.com/how-to-videos

WRAP GUIDE SIZING

Small/Medium

Fits average body types ~up to 5'10 170lbs; up to shoe size 10M/12W Shoe Size

Large/XL

Fits average body types above 5'10 170lbs; shoe size above 10M+/Size 12W+



Once fit, feel free to do a few bends to ensure a comfortable fit

NICERECOVERY.COM

For more information: Call (888) 815-9907 or Email info@nicerecovery.com Location: 2205 Central Ave, Unit A Boulder, CO 80301 Business Hours: M-F 9:00a-5:00p