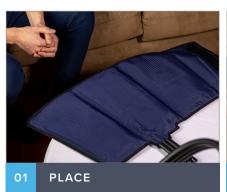


NICE1 COLD + COMPRESSION THERAPY DEVICE

WRAP GUIDE

KNEE WRAP INSTRUCTIONS



Orient the knee wrap with blue side facing the body as shown



SECURE

Wrap the knee wrap centered around the knee, secured by the Velcro

VIDEO **INSTRUCTIONS**

Please Visit nicerecovery.com/how-to-videos

WRAP GUIDE SIZING

Small/Medium

Fits average body types ~up to 5'10 170lbs; up to shoe size 10M/12W Shoe Size

Large/XL

Fits average body types above 5'10 170lbs; shoe size above 10M+/Size 12W+



Once fit, the wrap should be comfortably snug with no creases or folds

NICERECOVERY.COM

For more information: Call (888) 815-9907 or Email info@nicerecovery.com

Location: 2205 Central Ave, Unit A

Boulder, CO 80301

Business Hours: M-F 9:00a-5:00p